

(940) 349 - 8285

DENIA CLASSES & GYM SCHEDULE

Fall/Winter 2016

<p>\$10 Rec Pass is good for one year and is required for free play in the Gym and Game Room.</p> <p>Rec Pass does <u>NOT</u> include the Fitness Room.</p>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Yoga 8 - 9pm	SS Yoga 10:30am	SS Classic 10:30am	SS Yoga 10:30am			
	SS Classic 10:30am	Archery 4 - 6pm	SS Circuit 11:45am		Roll! Play! 9 - 10am	Kids' Dance 9:30 - 11:15am	
	SS Circuit 11:45am	Karate 4:30 - 6:30pm		Karate 4:30 - 6:30pm		Soccer Sparks 9:30 - 10:30am	
		Kids Yoga 5:30 - 6:30pm	Rock the Wall 6 - 7pm		Soccer Sparks 5 - 6:30pm		
		Pound 6 - 7pm	Total Barre 6:30 - 7:30pm	Aerial Silks 6 - 8pm			
		Pilates 7 - 8pm	Country Dance 7 - 8:30pm	Yoga 6:30 - 7:30pm			
<u>Open Gym Times</u>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7am - 4pm	Free Play	Free Play	Free Play	Free Play	Free Play	<p>Rentals and City Programs have first priority.</p> <p>Open gym times are subject to change.</p> <p>Please call ahead.</p>	
4 - 5pm	Free Play	Gym Closed for Archery 4 - 6:15pm	Free Play	Free Play	Free Play		
5 - 6pm	Free Play		Free Play	Free Play	Gym Closed for Soccer 5 - 6:30pm		
6 - 7pm	Gym Closed for Adult Volleyball League	FULL COURT PLAY ALLOWED 7 - 9pm	Half of Gym Closed	Gym Closed for Aerial Silks 6 - 8pm	Free Play		
7 - 8pm			Free Play				
8 - 9pm		Free Play	Center Closed	Center Closed			